



# SOUTH LONDON CARES

**May 2019**

Below is a list of our **free** Social Clubs in Southwark and Lambeth for people aged 65 and above. All our events are hosted by young people who want to meet you and hear your stories. Share your skills and learn new ones, all while making new friends in your community!

**Wednesday 1<sup>st</sup> May, 10.30am-12pm: Ballroom & Latin Dancing – West Norwood: *The British Home, Crown Lane, SW16 3JB***

Start your morning with a spring in your step and finesse your ballroom and Latin steps with Vera the Diva. Expect some light exercise, plenty of fun and some new moves to show your pals. People of all abilities are welcome, absolutely no experience necessary! Olivia will be running this club. Call us on 0207 118 0404 to let us know you're attending.  
**Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point). Please note, you'll need to enter via the large door at the front of the building.**

**Thursday 2<sup>nd</sup> May, 6-8pm: Film Club – Elephant & Castle  
*Draper Hall, 1 Howell Walk, SE1 6TL***

Join us for our film club in Elephant and Castle to watch ***Mamma Mia! Here We Go Again***. Five years after the events of Mamma Mia!, Sophie prepares for the grand reopening of the Hotel Bella Donna as she learns more about her mother's past. Olivia will be running this club. Please call us on 0207 118 0404 to tell us you're coming.

**Train: Elephant & Castle**

**Bus: 133, 155, 196, 333, 415 (get off at Newington Butts).** Look for the black gate on Hampton Street (next to the Santander Bike stand), on the junction with Newington Butts.

**Call us on 0207 118 0404 for more information.**

**Saturday 4<sup>th</sup> May, 11am-1pm: May Day Celebrations - Brixton  
Moorlands Community Centre, 50a Corry Drive, SW9 8QT**

Discard those coats and don those sunglasses as May is on its way. Join us for a morning of themed activities to welcome in this joyous month. **If you can, please bring an item for the 'May Day Hamper'; which the lucky team will win at the end of the day.** Olivia will be running this club. Please call 0207 118 0404 to let us know you're coming.

**Bus: P5, get off at Loughborough Park/Elvenden House, just off Somerleyton Road next to Coldharbour Lane.** Head down the pathway with the Corry Drive sign. The venue is a 1-minute walk straight ahead, next to a small shop.

**Tuesday 7<sup>th</sup> May, 6-8pm: Pub Club – Kennington**

***The Old Red Lion, 42 Kennington Park Road, SE11 4RS***

Come on in from the cold weather and cosy up with a refreshing free drink at our monthly pub club. Swap stories and jokes with your pals and raise a glass to new friendships. Olivia will be running this club. Please let us know if you'd like to attend on 0207 118 0404, as places are limited.

**Train: Kennington (2-minute walk)**

**Bus: 133, 415, 333, 155 (get off at Penton Place)**

**Wednesday 8<sup>th</sup> May, 6-7.30pm: Choir – Peckham**

***St James Church Hall, 45 Elm Grove, SE15 5DD***

Join your neighbours for a joyful evening of singing, with no experience necessary!

**Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be in there. Olivia will be running this club. Call 0207 118 0404 to tell us you're coming.

**Train: Peckham Rye**

**Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)**

**Thursday 9<sup>th</sup> May, 6-8pm:– Stockwell Stockwell Centre, 1 Studley Road, SW4 6RA**

Usher in the warmer weather at our Spring Crafts evening where you'll have the chance to decorate your own egg-cup whilst tucking into some biscuits and lots of conversation. Olivia will be running this club and will provide the materials! Please call us on 0207 118 0404 to let us know you're coming.

**Train: Stockwell**

**Bus: 2, 50, 155, 196, 333, 345, 88, P5 (get off at Stockwell station).**

**Call us on 0207 118 0404 for more information.**

**Monday 13<sup>th</sup> May, 2.30-4pm: Chair Yoga – Blackfriars John Marshall Hall, Christ Church Southwark, 27 Blackfriars Road, SE1 8NY**

Join us for some light exercise and calming breathing at our yoga club that is perfect for beginners. Expect some gentle stretching as well as plenty of time for a warming cup of tea and a chat! Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Southwark**

**Bus: 45, 338, 63 (get off at Stamford Street).** Look out for a red brick church and head down the left-hand side for the church hall entrance.

**Tuesday 14<sup>th</sup> May, 11am-12.30pm: Brunch Club – Peckham Peckham Pelican, 92 Peckham Road, SE15 5PY**

Join your neighbours for a scrumptious brunch at the Peckham Pelican. Come along for a cup of tea, a slice of cake and some great chat in this welcoming corner of Peckham. Emily will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Train: Peckham Rye (10 minute walk)**

**Bus: 345, 12, 36, 171, 436 (get off at Peckham Road/ Southampton Way) Look out for a black shop front under Pelican House).**

**Tuesday 14<sup>th</sup> May, 6.30-8pm: Quiz Club – Walworth Darwin Court, 1 Crail Row, Walworth, SE17 1AD**

Put your knowledge to the test and find a good use for all those facts at our monthly quiz club. Team up with your neighbours and laugh your way to victory at this evening of fun and games. Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Elephant and Castle (take the 136/343 to Balfour Street)**

**Bus: 136, 343 (get off at Balfour Street).**

**Wednesday 15<sup>th</sup> May, 2-4pm: Technology Workshop - Vauxhall Vauxhall Gardens Community Centre, 5 Glasshouse Walk, SE11 5ES**

Want to improve your confidence with your phone, tablet or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Emily will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Vauxhall (5-minute walk)**

**Bus: 2, 36, 77, 87, 88, 156, 185, 196, 344, 360, 436, 452 (get off at Vauxhall Bus Station)** Venue is a 5 min walk along Albert Embankment turning right onto Glasshouse Walk.

**Call us on 0207 118 0404 for more information.**

**Saturday 18th May, 2.30-4.30pm: Technology Workshop – Herne Hill  
Herne Hill United Church Hall, Half Moon Lane, Herne Hill, SE24 9JG**

Need a little help getting to grips with your phone, tablet or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Emily will be running this club. Please call 0207 118 0404 to let us know if you would like to attend.

**Train: Herne Hill or North Dulwich (15- minute walk)**

**Bus: 37 (get off at Beckwith Road)**

*Please note the church hall is on the corner of Half Moon Lane and Beckwith Road, and is not to be confused with the Baptist Church Hall that's close to Herne Hill train station.*

**Monday 20<sup>th</sup> May, 3-5pm: Spring at the Horniman – Forest Hill**

Join your neighbours for a tour of the gardens (including the butterfly house and animal walk) before taking a fascinating look at some objects from the Horniman Museum handling collection. Olivia will be running this club. This trip has limited space so **please call us on 0207 118 0404 to put your name in our lottery.**

Names will be drawn at random on May 13<sup>th</sup>, and you will only hear from us if you've secured a place.

**Train: Forest Hill (10 min walk)**

**Bus: 176, 185, 197, 356, P4 (stops outside the Museum and Gardens on London Road)**

**Monday 20<sup>th</sup> May, 6.15-7.45pm: Script Reading – Camberwell  
Camberwell Library, 48 Camberwell Green, SE5 7AL**

Try out your acting skills at our script reading club in Camberwell. This month we'll be finishing ***Blood Brothers*** by Willy Russell. A timeless musical, the story is centred around Mickey and Edward, two twins separated at birth in Liverpool, and how their contrasting upbringings affect their adult lives. Take part in the play reading or just sit back and enjoy the story! Emily will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

**Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)**

**Call us on 0207 118 0404 for more information.**

## **Tuesday 21<sup>st</sup> May, 2-4pm: Advertising Agency Visit – Southwark**

Go behind closed doors at the UK's biggest advertising agency, and find out how the TV ads you see every day are really made. You'll have the chance to crack your own brief and come up with some advertising ideas of your own. Olivia will be running this club. This trip has limited space so **please call us on 0207 118 0404 to put your name in our lottery**. Names will be drawn at random on May 14<sup>th</sup>, and you will only hear from us if you've secured a place.

**Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)**

## **Tuesday 21<sup>st</sup> May, 6.30-8pm: Musical Theatre Dance Workshop – West Norwood: *The British Home, Crown Lane, SW16 3JB***

Fancy dancing as well as they do on the West End? Join Becky, star of hit musical 42<sup>nd</sup> Street, and learn to move like they do on stage. Emily will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

**Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point). Please note, you'll need to enter via the large door at the front of the building.**

## **Wednesday 22<sup>nd</sup> May, 2-4pm: Café & Catch Up – Streatham *Batch & Co, 54 Streatham Hill, London SW2 4RD***

Catch up with your neighbours in the warm and welcoming Batch and Co Café. Grab a cuppa, a delicious slice of cake and chat with your pals (or make some new ones!) Olivia will be running this club. **Please call us on 0207 118 0404 to let us know you're coming as spaces are limited.**

**Train: Streatham Hill**

**Bus: 109, 133, 159, 250, 333, 417, P13 to Streatham Hill Station**

## **Wednesday 22<sup>nd</sup> May, 6-7.30pm: Choir – Peckham *St James Church Hall, 45 Elm Grove, SE15 5DD***

Join your neighbours for a joyful evening of singing, with no experience necessary! **Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be in there. Jasmin will be running this club. Call 0207 118 0404 to tell us you're coming.

**Train: Peckham Rye**

**Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)**

**Call us on 0207 118 0404 for more information.**

**Thursday 23<sup>rd</sup> May, 3-5pm: Beekeeping and Candle Rolling Club – Oval**  
Visit the brilliant local beekeeping initiative, *BeeUrban*, in Kennington Park. You'll get an insight into beekeeping, meet the team, and even have a go at some candle rolling – while enjoying some delicious fresh pizza straight from their oven! Olivia will be running this club, **which has limited space, so please call us on 0207 118 0404 to put your name on the list for our lottery.** We'll be drawing names out of a hat on 16<sup>th</sup> May, so if you don't hear from us on, then unfortunately you will not have secured a place.

**Train: Oval**

**Bus: 133, 155, 333 (get off at Kennington Park Road), 36, 185, 436 (get off at Kennington Park)**

**Thursday 23<sup>rd</sup> May, 6-7:30pm: Creative Writing Club – Clapham**  
***The Hub, Lambeth College, Clapham Centre, 45 Clapham Common South Side, London SW4 9BL***

Explore poetry and short story writing (no experience necessary!) with a professional. Find your voice, stretch your imagination and have fun getting to know your neighbours. Emily will be running this club. Please call us on 0207 118 0404 as spaces are limited.

**Train: Clapham Common**

**Bus: 29, 690 (get off at Clapham Common) 322 (get off at Clapham Common)**

***Sign in at reception and then walk through the glass gates – follow the corridor until you see the South London Cares sign.***

**Friday 24<sup>th</sup> May, 1.30-3:30pm: Comparison Website Business Visit – Soho**

Barmy for budgeting? Love getting the best deals? Then join us for a guided tour of the UK's biggest price comparison website to find out clever ways to save a lot, by doing little. Emily will be running this club. **This event has limited space, so please call us on 0207 118 0404 to put your name on the list for our lottery.** We'll be drawing names out of a hat on 16<sup>th</sup> May, so if you don't hear from us on that date then unfortunately you will not have secured a place.

**Train: Tottenham Court Road**

**Sunday 26<sup>th</sup> May 3-6pm: Film Club – Bermondsey**

***The Yalding Centre (AgeUK), 95 Southwark Park Road, SE16 3TY***

Head on over to our Bermondsey film club to watch *Mary Poppins Returns* Decades after her original visit, the magical nanny returns to help the Banks siblings and Michael's children through a difficult time in their lives. Emily will be running this club. Please call us on 0207 118 0404 to let us know you're attending.

**Train: Bermondsey (15-minute walk)**

**Bus: 1 (get off at Harris Academy/ Reverdy Road)**

**Call us on 0207 118 0404 for more information.**

## **Tuesday 28<sup>th</sup> May, 1:30-3.30pm: IT Software Business Visit – Liverpool Street**

Gain an insight into the world's number one customer relationship management platform, be introduced to 'the cloud' and have a rummage through their infamous snack drawer. Emily will be running this club. **This event has limited space, so please call us on 0207 118 0404 to put your name on the list for our lottery.** We'll be drawing names out of a hat on 21<sup>st</sup> May, so if you don't hear from us on that date then unfortunately you will not have a secured a place.

**Train: Liverpool Street**

## **Tuesday 28<sup>th</sup> May, 6:30-8pm: Desert Island Discs – Walworth *Darwin Court, 1 Crail Row, Walworth, SE17 1AD***

Like the radio show of its namesake, come with a song in mind and why it's meaningful to you, or just listen and enjoy the tunes! No need to bring any records/CDs with you, just the name of the song and artist. **This month's theme is 'Sixties Flower Power!'**. Olivia will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Train: Elephant and Castle (take the 136/343 to Balfour Street)**

**Bus: 136, 343 (get off at Balfour Street).**

**All events are free to attend and are accompanied by light refreshments.** South London Cares is a community network connecting young professionals in their 20s and 30s with their older neighbours, aged over 65, for interaction and friendship.

**Call us on 0207 118 0404 for more information.**