



SOUTH LONDON CARES

October 2017

Below is a list of our **free** Social Clubs in Southwark and Lambeth for people aged 65 and above. All our events are hosted by young people who want to meet you and hear your stories. Share your skills and learn new ones, all whilst making new friends in your community!

Tuesday 3rd October, 6-8pm: Pub Club – Kennington

The Old Red Lion, 42 Kennington Park Road, SE11 4RS

Come along and spend an evening chatting with your neighbours at our monthly pub club. Share a laugh over a free drink, and relax in the cosy atmosphere. Charlie will be running this club. Please let us know before the day on 0207 118 0404 that you would like to attend, as places are limited.

Train: Kennington (2 minute walk)

Bus: 133, 415, 333, 155 (get off at Penton Place)

Wednesday 4th October, 10.30am-12.00pm: Ballroom & Latin Dancing – West Norwood.

The British Home, Crown Lane, SW16 3JB

Join us for a morning of ballroom, latin and laughs with Vera the Diva. Expect gentle exercise and lots of fun. People of all abilities are welcome, absolutely no experience necessary! Morgan will be running this club. Call us on 0207 118 0404 to let us know you're attending.

Bus: 417, 249, 68, 468, 196 (get off at Crown Lane or Crown Point)

Please note when you arrive, you'll need to enter via the large front door at the front of the building.

Call Charlie on 0207 118 0404 for more information.

Wednesday 4th October, 6-7.30pm: Choir – Peckham

St James Church Hall, 45 Elm Grove, SE15 5DD

Join your neighbours for some joyous singing – absolutely no experience necessary!
Please note, when you arrive walk through the small gate to the left of the church on Elm Grove, and look out for the door with a big shell above it – we'll be in there! Volunteer Organiser Amita will be running this club. Call us on 0207 118 0404 to let us know you're attending.

Train: Peckham Rye

Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3 minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)

Thursday 5th October, 6-8pm: Quiz Club – Elephant & Castle

Draper Hall, 1 Howell Walk, SE1 6TL

Join us for a fun-filled evening of pub quiz style interactive games. There's no need to be a brain box – just bring along some enthusiasm and team spirit. Call us on 0207 118 0404 to let us know you're coming.

Train: Elephant & Castle

Bus: 133, 155, 196, 333, 415 (get off at Newington Butts) Look for the black gate on Hampton Street (next to the Santander Bike stands) on the junction with Newington Butts

Saturday 7th September, 11am-1pm: Chinese Mid-Autumn Festival Celebration– Brixton

Moorlands Community Centre, 50a Corry Drive, SW9 8QT

Join your Brixton neighbours to celebrate the Chinese Mid-Autumn Festival. Learn about the history, stories, customs and legends behind the festival as well as tasting the traditional moon cakes associated with festival. If you're able, please bring along some food to help make the celebration special! Morgan will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

Bus: P5, get off at Loughborough Park/Elvenden House, just off Somerleyton Road next to Coldharbour Lane. Head down the pathway with the Corry Drive sign. The venue is a 1 minute walk straight ahead, next to a small shop

Call Charlie on 0207 118 0404 for more information.

**Monday 9th October, 2.30-4:30pm: Technology Workshop – Southwark
John Marshall Hall, Christ Church Southwark, 27 Blackfriars Road, SE1
8NY**

Want to improve your confidence with your phone or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Charlie will be running this club. This event is limited to 15 places so please call us on 0207 118 0404 to let us know you would like to come.

Train: Southwark

Bus: 45, 100, 63 (get off at Stamford Street) Look out for a red brick church, and head down the left-hand side for the church hall entrance.

**Tuesday 10th October, 6:30-8pm: Quiz Club– Walworth
Darwin Court, 1 Crail Row, Walworth, SE17 1AD**

Join us at our Walworth venue for an evening filled with all kinds of fun and games. Just bring along a bit of competitive spirit and we'll do the rest! Volunteer Organiser Simon will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

**Train: Elephant and Castle (take the 136/343 to Balfour Street) Bus: 136,
343 (get off at Balfour street)**

Wednesday 11th October, 1-3pm: Brixton Market Walking Tour—Brixton

Join your neighbours for a special walk around Brixton Market, and learn about the fascinating past of the Granville Arcade and Market Row from a local historian. Expect a total of one hour of walking, followed by a tea break at the end. This event is limited to 16 spaces, so please call us on 0207 118 0404 to put your name on the list for our lottery.

We'll be drawing names out of a hat on the 4th October, so if you don't hear from us on that date then unfortunately you will not have secured a place for the event.

Train: Brixton

Thursday 12th October, 6-8pm: Pilates – Stockwell

Stockwell Centre, 1 Studley Road, SW4 6RA

Join your Stockwell neighbours for an evening of catching up and light stretching, led by SLC volunteer and professional Pilates teacher, Sandra. We'll be kicking the off with some tea, coffee and conversation, followed by 40 minutes of gentle chair based exercise. **Please bring along a medium sized hand towel.** Morgan will be running this club. Please call us on 0207 118 0404 to let us know you're coming

Train: Stockwell

Bus: 2, 50, 155, 196, 345, 88, P5 (get off at Stockwell station)

Call Charlie on 0207 118 0404 for more information.

**Saturday 14th October, 2:30-4:30pm: Technology Workshop – Herne Hill
Methodist Church Hall, Half Moon Lane, Herne Hill, SE24 9JG**

Want to improve your confidence with your phone or laptop? Bring along your technology-related questions and gadgets, and learn some tips from our volunteers. Morgan will be running this club. This event is limited to 15 places so please call us on 0207 118 0404 to let us know you would like to come.

Train: Herne Hill or North Dulwich (15 min walk)

Bus: 37 (get off at Beckwith Road)

Please note the church hall is on the corner of Half Moon Lane and Beckwith Road

**Monday 16th October, 6:15-7:45pm: Script Reading– Camberwell
Camberwell Library, 48 Camberwell Green, SE5 7AL**

Join us at our fantastic script reading club in Camberwell. This month we'll be reading a play adaptation of Jane Austin's classic novel, *Pride and Prejudice*. Morgan will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)

**Tuesday 17th October, 1-3pm: Boxing Club— Peckham
London Community Boxing, 3-4 Bellenden Road Business Centre,
Bellenden Road, SE15 4RF**

Come along for a special afternoon learning about the sport of boxing from professional trainers. Enjoy a demonstration, and then have a go at some boxing yourself! Please wear comfortable clothing and be prepared for some light exercise. Morgan will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

Train: Peckham Rye

Bus: P13 (get off at Blenheim Grove) 12, 37, 63, 78, 197, 343, 363, P12 (get off at Peckham Rye station – 3 minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)

**Tuesday 17th October, 6:30-8pm: Choir Performance – West Norwood.
The British Home, Crown Lane, SW16 3JB**

Come along for a special performance by the brilliant Florence Lawrence Chorus. They'll be singing their jazziest tunes and encouraging you to sing along too. **Please note that this event starts at 6:30pm.** Charlie will be running this club. Call us on 0207 118 0404 to let us know you're attending.

Bus: 417, 249, 68, 468, 196 (get off at Crown Lane or Crown Point)

Please note when you arrive, you'll need to enter via the large front door at the front of the building.

Call Charlie on 0207 118 0404 for more information.

Wednesday 18th October, 2-4pm: Halloween Crafts – Stockwell
Stockwell Centre, 1 Studley Road, SW4 6RA

Join our arts and crafts club for a spooky afternoon with your younger neighbours. We'll be getting creative together and trying our hand at lantern and tote bag decorating. Morgan will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

Train: Stockwell

Bus: 2, 50, 155, 196, 345, 88, P5 (get off at Stockwell station)

Wednesday 18th October, 6-7.30pm: Choir – Peckham
St James Church Hall, 45 Elm Grove, SE15 5DD

Join your neighbours for some joyous singing – absolutely no experience necessary! **Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove, and look out for the door with a big shell above it – we'll be in there! Volunteer Organiser Amita will be running this club. Call us on 0207 118 0404 to let us know you're attending.

Train: Peckham Rye

Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3 minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)

Thursday 19th October, 6-8pm: Film Club – Elephant & Castle
Draper Hall, 1 Howell Walk, SE1 6TL

Join our film club for a screening of *Sully*, starring Tom Hanks, following the true story of the pilot who was forced to make an emergency landing in New York's Hudson River. Charlie will be running this club. Call us on 0207 118 0404 to let us know you're coming.

Train: Elephant & Castle

Bus: 133, 155, 196, 333, 415 (get off at Newington Butts) Look for the black gate on Hampton Street (next to the Santander Bike stands) on the junction with Newington Butts

Friday 20th October, 2-4pm: Business Visit – London Bridge

Come along to visit the employees of a health innovation firm, learning all about the latest developments in health technology. This trip is limited to 10 spaces, so please call us on 0207 118 0404 to put your name on the list for our lottery. **We'll be drawing names out of a hat on the 12th October**, so if you don't hear from us on that date then unfortunately you will not have secured a place for the event.

Train: London Bridge

Bus: 17, 21, 35, 40, 43, 47, 48, 133, 141, 149, 344, RV1 (London Bridge/Borough High Street)

Call Charlie on 0207 118 0404 for more information.

Sunday 22nd October, 3-6pm: Film Matinee – Bermondsey

The Yalding Centre, 95 Southwark Park Road, SE16 3TY

This month we'll be watching the 2016 remake of the Disney classic, *Beauty and the Beast*, starring Emma Watson. Charlie will be running the club. Please call 0207 118 0404 to let us know you'd like to attend.

Train: Bermondsey (15 minute walk)

Bus: 1 (get off at Harris Academy/ Reverdy Road)

Tuesday 24th October, 11am-12.30pm: Brunch Club – Peckham

Peckham Pelican, 92 Peckham Road, SE15 5PY

Join your neighbours for a special brunch in Peckham. Come along for a cup of tea, a slice of cake and some great conversation in this welcoming corner of Peckham. Charlie will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

Train: Peckham Rye (10 minute walk) Bus: 345, 12, 36, 171, 436 (get off at Peckham Road/ Southampton Way) Look out for a black shop front under Pelican House.

Tuesday 24th October, 6:30-8pm: Desert Island Discs – Walworth

Darwin Court, 1 Crail Row, Walworth, SE17 1AD

Like the radio show of its namesake, come with a song in mind and why it's meaningful to you – or just come along to listen to everybody else's songs and the stories behind them! No need to bring any records/CDs with you, just the name of the song and artist.

This month's theme is road trips— bring along tunes that you think are an absolute road trip must! Morgan will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

Train: Elephant and Castle (take the 136/343 to Balfour Street) Bus: 136, 343 (get off at Balfour Street)

Wednesday 25th October, 2-4pm: Café and a Catch Up – Streatham

Batch & Co Coffee, 54 Streatham Hill, London SW2 4RD

Join your neighbours for a special afternoon of conversation, coffee and cake in Streatham. Morgan will be running this club. Please let us know before the day on 0207 118 0404 that you would like to attend, as places are limited.

Train: Streatham Hill (7 minute walk)

Bus: 109, 118, 133, 159, 250, 333 (get off at Telford Avenue)

Call Charlie on 0207 118 0404 for more information.

Thursday 26th October, 6-7:30pm: Creative Writing Club – Clapham Room 1, Clapham Library, Mary Seacole Centre, 91 Clapham High Street, SW4 7DB

Explore poetry and short story writing (no experience necessary!) with the wonderful SLC volunteer and poet, Emily. Find your voice, stretch your imagination and have fun getting to know your neighbours. Morgan will be running this club. Please call us on 0207 118 0404 as spaces are limited.

Train: Clapham North or Clapham Common. Bus: 50, 88, 155, 322, 345 (get off at St Luke's Avenue)

Friday 27th October, 12-2pm: Business Visit – Fenchurch Street

Join the wonderful employees of a worldwide management consultancy firm to get an insight into their work, as well a tour around their offices. This trip is limited to 10 spaces, so please call us on 0207 118 0404 to put your name on the list for our lottery. **We'll be drawing names out of a hat on the 19th October**, so if you don't hear from us on that date then unfortunately you will not have secured a place for the event.

Train: Monument

Bus: 17, 21, 35, 40, 43, 47, 48, 133, 141, 149, 521 (get off at Monument)

Tuesday 31st October, 4-6pm: Men's Beer & Boardgames – Camberwell The Tiger, 18 Camberwell Green, Camberwell, SE5 7AA

Men of south London! Join your younger neighbours for **our men's social club** at The Tiger pub in Camberwell. Spend an afternoon sharing a laugh over a free drink, and a few board games. Morgan will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)

All events are free to attend and are accompanied by light refreshments. South London Cares is a community network connecting young professionals in their 20s and 30s with their older neighbours over 65 for new interaction and friendship.

Call Charlie on 0207 118 0404 for more information.