

Those in attendance were Jenni Rodgers chair, and three other members

Apologies for absence were received from Elaine Richmond, Practice Manager and four members

Notes from last meeting were read and approved

Next PG Meeting was arranged for Tuesday, 15th August, 2017 at 6pm

Chair's Report:

The first Health Information Coffee Morning was held on the 24th May in the Baldry Gardens large function room and focused on Mental Health. We were lucky to have five speakers...Dr Kim Southeby and Dr. Matthew O'Brien from SLAM, Lee Elliott from the Mosaic Clubhouse in Brixton and Noshi and Heydall from the Living Well Network Hub here in Streatham.

40 patients attended who interacted throughout the morning and gave feedback that they had found it very useful.

The second event occurred during half term and we couldn't therefore find anyone who could come and talk to us. So instead we organised a peer led discussion group hearing everyone's news, views and experiences. The group also put forward a variety of ideas for future events including advice on nutrition and keep fit plus some walks to the Rookery!

This informal meeting proved to be extremely valuable and all agreed that they would definitely like to attend these Wednesday events regularly from now on. It was suggested that if a group was interested they could go on a walk straight after the coffee mornings.

It was generally agreed though that a larger team of volunteers was needed in future in order to make things easier for the few who are currently committed..

Further events have included:-

14th June - Diabetic event with Mary Lee, Diabetes Specialist Nurses with the Lambeth Diabetes Intermediate Care Team and link with both Streatham Common and Dr Masterton's GP practices.

21st June - Respiratory Problems with attendees Dr Azhar Saleem, GP Respiratory Lead and Clinical Lead RightBreathe And Victoria Lord, Team Leader, Integrated Respiratory Team/Pulmonary Rehabilitation. There are now 'Breathe Easy' courses in Streatham Library.

19th July - Melanie Francis, GSTTs. Melanie was an inspirational speaker and several patients have signed up to complete the Expert Patient 'self-management' courses on diabetes and long term conditions.

There are still free places available and Chair can pass on any further information to those who are interested.

Meetings attended by Chair in June/July:-

8th June....SW All Practice Locality Meeting

14th June.... Local Care Record Workshop

20th June....SCP Patient Group meeting cut short/cancelled due to heatwave!

22nd JuneOur Healthier Lambeth Event at the Karibu Educational Centre

7th July - Streatham Patient Group Network Meeting

11th July - Croydon Clinical Commissioners Group Meeting. Andrew Ayres first attendance

Chair has also recently attended a 4-day Community Connector's course run by Project Smith and represented them and our practice at the Lambeth Country Show on the 12th July.

AOB

Members commented that the Patient Group section on the practice website was not very easy to access.

A request to the practice was made by a sight impaired member to see if the 'next patient' announcement could be vocalised.

Chair asked members if they would prefer future meetings to be held in a downstairs room. It was agreed that this would indeed be preferable. Chair will liaise with practice to organise this.

Meeting closed at 11.30am and chair thanked all members for attending.

Next Meeting will be on Tuesday, 15th August, at 6pm in the Guildersfield Rd conference room